



CABLED INSERT STRIPED SOCK

Designed for Urth Yarns

Materials: 1 kit Urth Uneek Sock
75% merino, 25% nylon
2 skeins 50g each

Size: Teen, Adult S, M, L, XL
7.5 (8.75, 9.75, 11, 12, 13)"/ 19 (22, 24, 27, 30, 32) cm
at widest point of foot

Needles: US 1 DPNs
US 0 DPNs

Notions: 3 Stitch markers; two of same color to denote cable field,
one of different color to denote EOR.
Tapestry Needle

Gauge: 36 sts x 48= 4" square stockinette on US 1s

Abbreviations:

BO - Bind off

C1F - Cross one st in front of the next stitch, simple single cable cross

CO - Cast on

Cont - Continue

DPNs - Double pointed needles

Foll - Follows

K - Knit

Kf&b - Knit into the front of the stitch and the back of the same stitch, a simple M1

M1 - make one stitch

P - Purl

Ptbl - Purl through the back of the loop

P2tog - Purl two stitches together

PM - Place marker

Rep - Repeat

RS - Right side

Sl - Slip

SM - Slip marker

Sts - Stitches

YO - Yarn over

W&T - Wrap and turn

WS - Wrong side



Special Stitch:

Cable Rounds 4 st repeat

Round 1, 2, 4: P1, k2, p1.

Round 3: P1, C1F, P1.



Pattern Notes:

Knit from the toe up these socks are knit in the round using a set of DPNs. 9"/22cm circulars may be used for knitting of the calf and foot however it is recommended that the knitter use DPNs for the initial cast on to maintain tension until the requisite number of sts are cast on and the toe box is completed. Heal is turned using only the second needle knit flat back and forth, m1 increase on heel flap may be done using kf&b or yo. If yo is used on RS row, ptbl on WS to maintain tension. The average US woman's size, 8 is approximately 9"/22 cm, adult small herein. For an optimal fit, try the sock on the intended foot before and after each section is worked.

Pattern:

Toe Box:

Using Turkish cast on, wrap two DPNs with 11(13, 15, 17, 19, 21) sts.

Using the third DPN begin to knit off the top needle.

Flip work, repeat to complete the cast on process - 22(26, 30, 34, 38, 42) sts.

Knit two rounds.

Round 3: On first DPN, k1, m1r, K to last st on first DPN, M1l, k1, rep on second DPN.

Round 4: Knit

Rep Rounds 3 - 4 until there are 25 (29, 33, 37, 41, 45) sts on each DPN. - 50 (58, 66, 74, 82, 90) sts

PM on first needle after stitch 11 (13, 15, 17, 19, 21) and after stitch 15 (17, 19, 21, 23, 25) to demark the cable field.

If the use of two circular needles is preferred, transition stitches to circular needles before proceeding.

Toe Box to Gusset:

Round 1, 2, 4: K to m on first needle, sm, P1, k2, p1, sm, k to end of first needle, k across second needle.

Round 3: K to m on first needle, sm, P1, C1F, P1, sm, k to end of first needle, k across second needle.

Rep Rounds 1-4 until work measures approximately 2.75" short of desired length of foot ending with round 4.

Gusset Increases:

To maintain the cable panel along the top of the foot, gusset increases will only be done on the second needle.

Round 1: K to m on first needle, sm, P1, k2, p1, sm, k to end of first needle, on second needle, k1, m1r, k to last st, m1l, k1.

Round 2: K to m on first needle, sm. P1, k2, p1, sm, k to end of first needle, k across second needle.

Round 3: K to m on first needle, sm, p1, c1f, p1, sm, k to end of first needle, on second needle, k1, m1r, k to last st, m1l, k1.

Round 4: Rep Round 2.

Rep Rounds 1-4 until 43 (49, 55, 61, 67, 73) sts on second needle.

Turn Heel:

Working only on second needle, cont as foll:

Row 1 (RS): K30 (34, 38, 42, 46, 50), m1, k1, w&t.
Row 2 (WS): P19 (21, 23, 25, 27, 29), m1, p1, w&t.
Row 3: K17 (19, 21, 23, 25, 27), m1, k1, w&t.
Row 4: P15 (17, 19, 21, 23, 25), m1, p1, w&t.
Row 5: K13 (15, 17, 19, 21, 23), m1, k1, w&t.
Row 6: P11 (13, 15, 17, 19, 21), m1, p1, w&t.
Row 7: K9 (11, 13, 15, 17, 19), m1, k1, w&t.
Row 8: P7 (9, 11, 13, 15, 17), m1, p1, w&t.
51 (57, 63, 69, 75, 81) sts on second needle.



Heel Flap:

Working only on second needle, cont as foll, knitting together

stitches with corresponding wraps as you come to them:

Row 1 (RS): K37 (42, 47, 52, 57, 62), k2tog, turn work.
Row 2 (WS): Sl1, p23 (27, 31, 35, 39, 43), p2tog, turn work.
Row 3 (RS): K24 (28, 32, 36, 40, 44), k2tog, turn work
Rep rows 2 - 3 until the heel is turned and the stitch count on
DPN 2 is the same as that of DPN 1. 25 (29, 33, 37, 41, 45) sts
ending on a WS row.



Leg:

Continue working in the round. PM to denote end of round. If preferred, all sts may be transitioned to a single 9"/22cm circular needle before proceeding.

Rounds 1, 2, 4: K to m, P1, k2, p1, k to EOR.

Round 3: K to m, P1, C1F, p1, k to EOR.

Rep Rounds 1-4 until work measures approximately 9" from base of heel.

Cuff:

Switch to smaller needle

Round 1: *K2, p2* to EOR.

Rep Round 1 until 3 1/2" ribbing is completed.

BO all sts.

Finishing:

Using tapestry needle and approximately 12" of yarn, whip stitch along transition between toe box and top of foot to create a false seam for additional visual interest.

Using tapestry needle, weave in ends.

Wash per ball band instructions